



Cal South Pro+ ODP Spring Pool 2025 Training Schedule

WEEKEND #1			
<i>Online Zoom Meeting</i>			
<i>Date</i>	<i>Group</i>	<i>Time</i>	<i>Notes</i>
Monday, February 24, 2025	2014 Girls	7:00 pm	Orientation
	2014 Boys		
Ventura College, 4667 Telegraph Road, Ventura, CA 93003			
Saturday, March 1, 2025	2014 Girls	8:15 am	Check-In
	2014 Girls	9:00 am-11:00 am	Session #1
	2014 Girls	1:00 pm-3:00 pm	Session #2
	2014 Boys	10:15 am	Check-In
	2014 Boys	11:00 am-1:00 pm	Session #1
	2014 Boys	3:00 pm-5:00 pm	Session #2
Sunday, March 2, 2025	2014 Girls	9:00 am-11:00 am	Session #1
	2014 Girls	1:00 pm-2:30 pm	Session #2
	2014 Boys	11:00 am-1:00 pm	Session #1
	2014 Boys	2:30 pm-4:00 pm	Session #2

WEEKEND #2			
<i>Online Zoom Meeting</i>			
<i>Date</i>	<i>Group</i>	<i>Time</i>	<i>Notes</i>
Monday, March 3, 2025	2013 Girls	7:00 pm	Orientation
	2013 Boys		
Ventura College, 4667 Telegraph Road, Ventura, CA 93003			
Saturday, March 8, 2025	2013 Girls	8:15 am	Check-In
	2013 Girls	9:00 am-11:00 am	Session #1
	2013 Girls	1:00 pm-3:00 pm	Session #2
	2013 Boys	10:15 am	Check-In
	2013 Boys	11:00 am-1:00 pm	Session #1
	2013 Boys	3:00 pm-5:00 pm	Session #2
Sunday, March 9, 2025	2013 Girls	9:00 am-11:00 am	Session #1
	2013 Girls	1:00 pm-2:30 pm	Session #2
	2013 Boys	11:00 am-1:00 pm	Session #1
	2013 Boys	2:30 pm-4:00 pm	Session #2

WEEKEND #3			
<i>Online Zoom Meeting</i>			
<i>Date</i>	<i>Group</i>	<i>Time</i>	<i>Notes</i>
Monday, March 10, 2025	2012 Girls	7:00 pm	Orientation
	2012 Boys		
Ventura College, 4667 Telegraph Road, Ventura, CA 93003			
Saturday, March 15, 2025	2012 Girls	8:15 am	Check-In
	2012 Girls	9:00 am-11:00 am	Session #1
	2012 Girls	1:00 pm-3:00 pm	Session #2
	2012 Boys	10:15 am	Check-In
	2012 Boys	11:00 am-1:00 pm	Session #1
	2012 Boys	3:00 pm-5:00 pm	Session #2
Sunday, March 16, 2025	2012 Girls	9:00 am-11:00 am	Session #1
	2012 Girls	1:00 pm-2:30 pm	Session #2
	2012 Boys	11:00 am-1:00 pm	Session #1
	2012 Boys	2:30 pm-4:00 pm	Session #2

WEEKEND #4			
<i>Online Zoom Meeting</i>			
<i>Date</i>	<i>Group</i>	<i>Time</i>	<i>Notes</i>
Monday, March 17, 2025	2011 Girls	7:00 pm	Orientation
	2011 Boys		
Ventura College, 4667 Telegraph Road, Ventura, CA 93003			
Saturday, March 22, 2025	2011 Girls	8:15 am	Check-In
	2011 Girls	9:00 am-11:00 am	Session #1
	2011 Girls	1:00 pm-3:00 pm	Session #2
	2011 Boys	10:15 am	Check-In
	2011 Boys	11:00 am-1:00 pm	Session #1
	2011 Boys	3:00 pm-5:00 pm	Session #2
Sunday, March 23, 2025	2011 Girls	9:00 am-11:00 am	Session #1
	2011 Girls	1:00 pm-2:30 pm	Session #2: Name
	2011 Boys	11:00 am-1:00 pm	Session #1
	2011 Boys	2:30 pm-4:00 pm	Session #2: Release down to 36

WEEKEND #5

Ventura College, 4667 Telegraph Road, Ventura, CA 93003

<i>Date</i>	<i>Group</i>	<i>Time</i>	<i>Notes</i>
Saturday, March 29, 2025	TBD	TBD	
	TBD	TBD	
Sunday, March 30, 2025	TBD	TBD	
	TBD	TBD	