



US Soccer Player PDIs 2023-2024

Birth Year Age Group	2019 5U	2018 6U	2017 7U	2016 8U	2015 9U	2014 10U	2013 11U	2012 12U	2011 13U	2010 14U	2009 15U	2008 16U	2007 17U	2006 18U	2005 19U
Field Size	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 55-65 Width 35-45	Length 55-65 Width 35-45	Length 70-80 Width 45-55	Length 70-80 Width 45-55	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard
Number of Players on the Field	4v4	4v4	4v4	4v4	7v7	7v7	9v9	9v9	11v11	11v11	11v11	11v11	11v11	11v11	11v11
Goalkeeper	NO	NO	NO	NO	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Heading	NO	NO	NO	NO	NO	NO	NO	YES	YES	YES	YES	YES	YES	YES	YES
Build out Line	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Match Time	4x10 Mins	4x10 Mins	4x10 Mins	4x10 Min	2x25 Mins	2x25 Mins	2x30 Mins	2x30 Mins	2x35Mins	2x35Mins	2x40 Mins	2x40 Mins	2x45 Mins	2x45 Mins	2x45 Mins
Break Period	5 Min	5 Min	5 Min	5 Min	5 Min	10 Min	10 Min	10 Min	15 Min	15 Min	15 Min	15 Min	15 Min	15 Min	15 Min
Ball Size	3	3	3	3	4	4	4	4	5	5	5	5	5	5	5
Goal Size	Height 4 Width 6	Height 4 Width 6	Height 4 Width 6	Height 4 Width 6	6.5x12 to 6.5x18.5	6.5x12 to 6.5x18.5	6.5x18.5 to 7x21	6.5x18.5 to 7x21	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24
Offside	NO	NO	NO	NO	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Minimum Registration Roster Size	4	4	4	4	4	4	7	7	7	7	7	7	7	7	7
Maximum Registration Roster Size	12	12	12	12	12	12	16	16	18	22	22	22	22	22	22
Maximum State & National Cup Roser Size	N/A	N/A	N/A	N/A	12	12	16	16	18	22	22	22	22	22	22
Maximum Game Time Roster Size	12	12	12	12	12	12	16	16	18	18	18	18	18	18	18
US Youth Regional and National Roster Size	N/A	N/A	N/A	N/A	N/A	N/A	N/A								
US Soccer PDIs	6	6	6	6	12	12	16	16	16	18	18	18	18	18	18