

Cal South / USSF License "E"

Course Syllabus

Methods of Coaching (All registered attendees must watch the USSF/Cal South "E" License Methods of Coaching 1 & 2 prior to course attendance. To access video, click

• **Team Management Assignment (Pre-course written)**

• **CDC Concussion (Pre-course online module)**

• **Coaching tactics**

• **Laws of the Game (Pre-course online module)**

• **Principles of attack and defense**

• **Small-sided games**

• **Application of Technique**

Completion of four Pre-Course Assignments is required.

**Assignment 1.)
Part A**

Register and complete the "E" License Referee Assignment, Part A.

**Assignment 1.)
Part B**

Research and write a brief report on the rationale of modified small-sided games rules. Contact your local League or soccer organization to locate the modified rules of play for the team that you coach.

Read and review the modifications for the following [FIFA Rules](#): #1 Field, #2 Ball, #3 Players, #5 Referee, #6 Assistant Referee, and #7 Duration of Game.

Assignment 2.)

"Team Management Assignment".

Assignment 3.)

The CDC "Concussion in Youth Sports Assignment.

Assignment 4.)

Prevention and Care Webinar

It is MANDATORY that you complete the pre course assignments through US Soccer's Digital Coaching Center. You are required to be in attendance for the full duration of the course and also successfully complete a practical field session.