



GRASSROOTS ELITE REFEREE

2023 Certification & Recertification Requirements	
Minimum Age	14
Experience	Current USSF approved referee of any level
Training	5 Continued Education Sessions (offered by local Referee Associations*, Monthly Education Webinars, CORE)
Course	Grassroots Elite Virtual Course & Quiz
USSF Registration Fee	Cost of \$85 paid online: Register & pay by clicking here .
Practical Evaluation	1 Development & Guidance Assessment as center within a minimum of 11v11 Competitive match.
Fitness Test	<p>Repeated Sprint Ability Test (RSA) Category GRE – 6x40m Sprints with Maximum of 7.0seconds per sprint Interval Test (40 x 75m run / 25m walk intervals) Category GRE – 20 seconds per 75m run and 28seconds per 25m walk</p>
Safety & Compliance State and USSF	<p>Concussion Training Sudden Cardiac Arrest Training in NFHS website or Safe & Healthy Playing Environments in LC For those 18 and older – Live Scan Background check (done once) Annual SafeSport training</p>

- SafeSport Training Required of all Cal South referees 18 and older annually. Upon making registration payment you will receive link to training. Concussion & Sudden Cardiac Arrest Training required once only.
- *State Trainings required for local game assignments.
- This level is a Cal South State tier within the US Soccer Grassroots pathway.