

Birth Year Age Group	2017 5U	2016 6U	2015 7U	2014 8U	2013 9U	2012 10U	2011 11U	2010 12U	2009 13U	2008 14U	2007 15U	2006 16U	2005 17U	2004 18U	2003 19U
Field Size	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 55-65 Width 35-45	Length 55-65 Width 35-45	Length 70-80 Width 45-55	Length 70-80 Width 45-55	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard
Number of Players on the Field	4v4	4v4	4v4	4v4	7v7	7v7	9v9	9v9	11v11	11v11	11v11	11v11	11v11	11v11	11v11
Goalkeeper	NO	NO	NO	NO	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Heading	NO	NO	NO	NO	NO	NO	NO	YES	YES	YES	YES	YES	YES	YES	YES
Build out Line	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Match Time	4x10 Mins	4x10 Mins	4x10 Mins	4x10 Min	2x25 Mins	2x25 Mins	2x30 Mins	2x30 Mins	2x35Mins	2x35Mins	2x40 Mins	2x40 Mins	2x45 Mins	2x45 Mins	2x45 Mins
Break Period	5 Min	5 Min	5 Min	5 Min	5 Min	10 Min	10 Min	10 Min	15 Min	15 Min	15 Min	15 Min	15 Min	15 Min	15 Min
Ball Size	3	3	3	3	4	4	4	4	5	5	5	5	5	5	5
Goal Size	Height 4 Width 6	Height 4 Width 6	Height 4 Width 6	Height 4 Width 6	6.5x12 to 6.5x18.5	6.5x12 to 6.5x18.5	6.5x18.5 to 7x21	6.5x18.5 to 7x21	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24
Offside	NO	NO	NO	NO	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Minimum Registration Roster Size	4	4	4	4	4	4	7	7	7	7	7	7	7	7	7
Maximum Registration Roster Size	12	12	12	12	12	12	16	16	18	22	22	22	22	22	22
Maximum State & National Cup Roster Size	N/A	N/A	N/A	N/A	12	12	16	16	18	22	22	22	22	22	22
Maximum Game Time Roster Size	12	12	12	12	12	12	16	16	18	18	18	18	18	18	18
US Youth Regional and National Roster Size	N/A	N/A	N/A	N/A	N/A	N/A	N/A								
US Soccer PDIs	6	6	6	6	12	12	16	16	16	18	18	18	18	18	18

2019.09.23 DCM updated per - Modifications to the Laws of the Game 7v7 - Small-Sided Games